



## PINEAPPLE LIME CAULIFLOWER RICE



Original Website Link:

<https://insidebrucrowlife.com/pineapple-lime-cauliflower-rice/>

## **INGREDIENTS**

- 2 cups cooked cauliflower rice\*
- 1 - 8 ounce can pineapple tidbits, drained and coarsely chopped
- 2 teaspoons lime juice
- ¼ cup chopped cilantro
- salt and pepper, to taste

## **INSTRUCTIONS**

1. Stir together the warm cauliflower rice, pineapple tidbits, lime juice, and cilantro.
2. Season to taste with salt and pepper and serve immediately.

\*\*Chop whole cauliflower into pieces, add to food processor or blender, pulse until rice sized bits. Heat olive oil in a pan, add cauliflower rice and sauté about 5 minutes until soft.